

## REGISTRATION

To register, go to the link provided below each class, or call 501-362-1115 no later than five business days prior to the class.

## REFUNDS

To request a refund, call 501-362-1115. Refunds will not be issued after three business days prior to the class.

## CANCELLATIONS

ASU-Beebe reserves the right to cancel courses and will issue a full refund, should that occur.

Please, check our website often-classes can be added throughout the year. [www.ASUB.edu](http://www.ASUB.edu)



**SOMETHING FOR EVERYONE!**



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## COMMUNITY EDUCATION

ASU-Beebe Heber Springs Campus  
101 River Crest Drive  
Heber Springs, AR 72543  
Phone: 501-362-1115

ASU-Beebe's Community Education classes are open to the public. All coursework is non-credit, so that you don't have to be a current student at ASU-Beebe to register.

## Spring 2025 Classes Heber Springs

# COMMUNITY EDUCATION



## ASU-Beebe's Community Education classes

enhance your everyday life through interactive learning experiences that help you update current skills, explore new interests and hobbies or gain knowledge!



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[www.ASUB.edu](http://www.ASUB.edu)

## MAGNOLIA WREATH WORKSHOP

Thursday, Feb. 6, 2025  
6-8 p.m.  
AC 202

Cost: \$65 per person  
(Deadline to register for this class is Jan 30)

Laura Grisham, owner of Laura Grisham Designs and retired art teacher will guide us in the making of a *beautiful magnolia door wreath*.

Purchase Tickets at:  
[asubcommunity.ticketleap.com/magnolia](http://asubcommunity.ticketleap.com/magnolia)



[www.ASUB.edu](http://www.ASUB.edu)

## AARP SAFE DRIVING COURSE

Led by Dennis Devine & Clay McCastlain



Saturday, Jan. 11 or  
Saturday, March 8 or  
Saturday, May 10  
8:30 a.m.-12:30 p.m.

McCoy Room

Cost: \$20 AARP member, \$25 non-member

When you take the AARP Safe Driving Course, you could be eligible for a multi-year discount on your auto insurance. The course teaches proven driving techniques to help keep you and your loved ones safe on the road.

Call 501-362-1115 to register.

## Feel Great Every Day What metabolic health looks like!



### Entergy Room

(two dates to chose from)

Wednesday, Jan. 8, 2025  
5:30-7 p.m.  
Thursday, April 10, 2025  
3:30-5 p.m.

Cost: Free

- The Body's Energy Sources
- The Role of Insulin in Energy Use
- Metabolic Flexibility
- Lose Fat
- Nutrition Principles for Feeling Great Every Day

This informative, exciting presentation will help you understand what the body uses for energy, the role of insulin in the body, why we need to be metabolically flexible, and what are some simple nutritional principles we can use to have great energy every day. The class is led by Valerie and Cody McMichael, Certified Wellness Coaches.

Register at:

[asubcommunity.ticketleap.com/metabolic](http://asubcommunity.ticketleap.com/metabolic)

## CLEBURNE COUNTY EXTENSION CLASSES

Lunch & Learn  
Entergy Room



### Fire Ant Control

Wednesday, Jan. 29, 2025  
12-1 p.m. **Bring your own lunch!**

Cost: Free

The class will focus on identifying and controlling the Red Imported Fire Ants in the lawn, garden and pasture.

Register at:

[asubcommunity.ticketleap.com/fire](http://asubcommunity.ticketleap.com/fire)

### Gardening 101



Wednesday, Feb. 26, 2025  
12-1 p.m. **Bring your own lunch!**

Cost: Free

In recent years, the trend of creating vegetable gardens has gained popularity. Growing your own vegetables can be a fulfilling and rewarding experience. With the right preparation, tools, and knowledge, anyone can create a vegetable garden.

Register at:

[asubcommunity.ticketleap.com/101](http://asubcommunity.ticketleap.com/101)



### Pond/Tree Class

Wednesday, March 19, 2025  
12-1 p.m. **Bring your own lunch!**

Cost: Free

Do you have ponds overgrown with vegetation or algae? If so, join us for a class on identifying and controlling pond weeds and pests. In addition we will focus on identifying and controlling tree pests and diseases.

Register at:

[asubcommunity.ticketleap.com/pond](http://asubcommunity.ticketleap.com/pond)